



I Love to Dance but-OH! MY FEET!

Try this and forget all your aches, pains, strains, corns, callouses, or other foot troubles. You have only to dissolve a small handful of Ruedel Bath Saltrates in a hot foot bath and rest your feet in this for a few minutes. Then, presto! Away go all your foot afflictions, almost as if by magic.

PREPARE FOR WINTER Andsen's Hair Oil. Your hair will be quickly renewed looking even to new hair. The DUNSTABLE HAT RENOVATING Co., Ltd. Church Street, DUNSTABLE, BEDS.

DANCING, WHIST DRIVES, ETC. CHAS. DALBERG and expert assistants guarantee perfect waltz and fox-trot or tango in 3 private lessons for £1 1s-15 Baker-st. near Selfridges, Langham 2921.

EDUCATIONAL. SINGING—Robert Hyatt, A.R.A.M., gives lessons in Singing, Piano, Organ, and Opera.

ARTICLES FOR DISPOSAL. ABSOLUTELY wonderful value—Heavily silver-plated handbags, very close strong mesh, beautifully finished.

BABY Carriages from factory at half usual price: cat face—Manual, Bolton 330 Kingston-rd, E. 8.

BEAUTIFUL pearl ring free. To introduce a new pearl production to this country, every lady applying within five days can obtain free a lovely jewelled ring.

BABY'S Long Gowns—Beautifully complete layette, 32s. 6d. Swiss robes, gowns, nighties, bonnets, vests, pinnies, etc.

CHINA and Pottery for Households, Catcers, Institutions, Shops, Dealers, etc.; factory prices; illustrated catalogues free—Century Pottery Manufacturers (Dept. M.P. 20) Burslem, Staffs.

CORONET Cut—1 sh damask cloths, floral (small stains) 2-2yds, 6s; 2-2yds, 8s; white Irish are linen, 11s bundle—Martin Connor and Co. 43 Up Queen-st, Belfast.

FURNITURE—Complete home 25sq. luxurious, deep spring Chester Suite, with loose cushions, centre and other tables, over armchairs, brass fender set, wool and Axminster rugs, carpet, linen, well-made bedroom suite with side-mirrors, rouge marble washstand and chair, full-size bedstead, fine spring and good quality bedding complete; curtains mats, etc. all for 25sq.; marvellous selection of second-hand furniture deposit accepted; call any day before 7.30—Moore's Depositories, Ltd. facing Horse Hill Station, S.E. 24, Brixton, 2599.

GENUINE 42s. Bargain, under blanket, 2 sheets, 2 pillow-cases, all wool, blanket, bedspread; also pretty duccies etc. post free—Dylocks, 15, G. Dyke-rd, Brighton.

TO-DAY'S NEWMARKET PROGRAMME AND RETURNS

Table listing horse races and returns for various events including 1.30-BRETTY STAKES, 2.30-SUFFOLK NURSERY, 3.0-LOWTHER STAKES, 3.30-PRENDERGAST STAKES, 4.0-HEATH PLATE, 4.30-CHALLENGE STAKES, 5.0-CHALLENGE STAKES, 5.30-CHALLENGE STAKES, 6.0-CHALLENGE STAKES.

Table listing horse races and returns for various events including 1.15-CHENERTON T.V.O STAKES, 1.45-AUTUMN HCAP, 2.15-CHEVELEY PARK STAKES, 2.50-GERARDWITCH STAKES, 3.30-SELECT STAKES, 4.30-KENNETH STAKES.

SPECIAL NEWMARKET WIRE

1.30-FELINA, 3.0-OSTELLA, 3.0-CATT FRACASSE, 3.30-AMERICUS BOY, 4.0-SILVER ZEP, 4.30-BLACK GOWN.

NEWMARKET RETURNS

1.15-CHENERTON T.V.O STAKES, 51-KARL (4-11) Ca. slake, 1; CANDIDANT G (100-8), 2; SCRAPY (10-1), 3. Also ran: Redhale (11-1), Canora, Lady Vaski, Neilson, Redhale and Sunny Swing (100-8), Four, two (Purse).

PERSONAL

Rate 1s. per word (minimum 8s.); name and address must be sent. Trade advts. 1s. 6d. per word. WINNIE (Spot)—Mother seeking urgent. Give address "Mirror".

LONDON AMUSEMENTS

ADELPHI—THE ISLAND KING. W. H. BERRY. ALDWINCH—THE WAY OF AN EAGLE. Eves, 8.30. Wed, Sat, 2.30. (Gerr. 3929). 9s. to 1s. AMBASSADORS—(Ger. 4460). CHARLES I. Nightly, at 8.30. Mts, Tues and Sat, at 2.30.

ST. JAMES'S

ST. JAMES'S—Eves, 8.15. Wed, Sat, 2.30. THE BAT (4-11) W. Merr. 20-1. Per. 11. ST. MARTIN'S—SHALL WE JOIN THE LADIES? At 8.15. LOYALTY'S at 9. Mats, Fri and Sat, 2.15.

MOTORS AND CYCLES

CYCLISTS! If you must know the truth about prices write for my Big Free Guide. Greatest possible value in Cycles, Tyres and Accessories. Over a hundred.

WANTED TO PURCHASE

A1 METAL CO. buys old silver, 2s 6d, Gold 24 oz. Platinum 12 oz.—4, Kitchin Town—d. W. I. ABSOLUTELY Best Prices paid for old Artificial Teeth.

MUSICAL INSTRUMENTS

PIANOFORTES—Before you buy a piano or player piano, write for copy of our practical instruction plan.

MARKETING BY POST

FISH—Fresh fish from the sea freight paid to your door; sample package 4s.; special terms to clubs, colleges, etc.; price list free; 25 years' reputation for quality and value.

1,000 DIFFERENT first-class Foreign and Colonial specimens, £1 1s.; packet list free. Sobby, 71, Royal Parade, Eastbourne.

THE TREATMENT THAT CURES BAD LEGS.

Thousands praise the day they used the Tremol Treatment for Bad Legs. Cured patients from Jan. 1's End to John o' Groats acclaim this great therapeutic discovery, which has delivered them from the bondage of pain.

THE MESSAGE OF THE TREMOL STAFF TO SUFFERERS.

For 25 Years we have Cured Bad Legs only. Doing this one thing only for 25 years has made us Experts. That is why we succeed where others fail.

CURFS BAD LEGS WITHOUT PAIN.

CURES BAD LEGS WITHOUT RESTING.

CURES BAD LEGS WITHOUT ABSENCE FROM WORK.

CURES BAD LEGS WITH CERTAINTY.

CURES BAD LEGS TO REMAIN CURED.

READ THESE QUESTIONS:— (1) Is there an open wound on your leg? (2) Is your leg painful? (3) Is it red, inflamed, burning or itching? (4) Is there skin inflammation or eczema? (5) Is the leg puffy and swollen? (6) Do the Veins stand out or are they varicose? (7) Is the knee painful, stiff or swollen? (8) If you suffer in any way as this—TREMOL WILL CURE YOU.

YOUR OWN TREATMENT PREPARED SPECIALLY FOR YOU.

Why does Tremol Treatment give such grand results? Because it is your own Treatment. It is prescribed, prepared and compounded specially for you. It is adapted and suited exactly to your own case.

HELP FOR EVERY SUFFERER.

Not only from Great Britain and Ireland, but from every corner of the globe, comes the demand for Sufferers for information about this great treatment.

FREE OF ALL CHARGE:

- (1) A LARGE ILLUSTRATED BOOK, teeming with sound and valuable information, which is sure to be the means of bringing about your speedy and permanent recovery, and showing how the Treatment can be used in your own home. (2) A BEAUTIFULLY ILLUSTRATED ALBUM of coloured plates of actual cases cured, and showing how the Treatment cures. (3) A LEGAL GUARANTEE TO CURE. (4) AN AUTHENTIC LIST OF CASES CURED IN YOUR OWN TOWN or neighbourhood so that every Sufferer may see and talk with the people in his own district whom the Treatment has cured.

NATIONAL INFIRMARY FOR BAD LEGS, WARD MK.

208, GREAT CLOWES STREET, BROUGHTON, MANCHESTER.

You will then receive by return of post and free of charge THE VALUABLE BOOK, THE ILLUSTRATED ALBUM, THE LEGAL GUARANTEE, THE LIST OF CASES CURED IN YOUR OWN DISTRICT and advice on your case if desired.

FREE COUPON. Ward MK.

Please send me your Valuable Book, Illustrated Album, Legal Guarantee, and all particulars as per your special offer. Name (Mr., Mrs. or Miss) \_\_\_\_\_